



# DONCASTER URBAN GROWERS

## The KITCHEN GARDENERS NETWORK

With the price of everything going up and up, and with more and more month left at the end of the money, isn't it time that you thought about **growing your own food...** for fun, for health, and for profit!!!



*Join DUG if you want to...*

*Improve your environment.* **Grow your own Veg.**

**Preserve food.** **Learn new skills.**

**Try your hand at Guerrilla Gardening.**

**Make new friends.** *Feast with Friends & Family.*

*Discover Permaculture.*

**Be responsible for your food, and yourself!** **Eat healthy.**

**Learn to cook.** *Live for Less!*

*Our next meeting is...*

**THURSDAY 28th MARCH, 2013**

**7pm until 9pm**

**THE SALUTATION**

14 South Parade, Doncaster, DN1 2DR

Meet downstairs: 7pm

Presentation upstairs: 8pm



GROW YOUR OWN!!!

IT'S HEATHY, TASTY AND CHEAP!!!



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